

parenting

early years

Cook with your kids!

Why it's totally worth the mess

ARE WALK-IN HEALTH CLINICS SAFE FOR TOTS?

RESISTING A REST?
How to get any kid to nap

"WE'RE THE NEW NORMAL"
Life as a same-sex parent

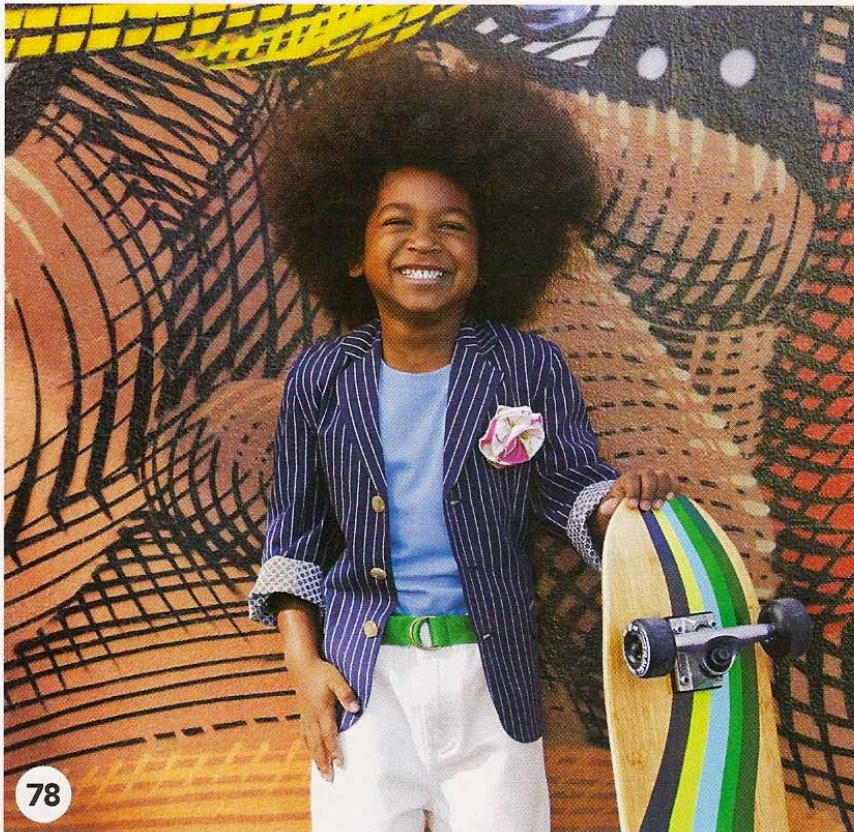
FREE STUFF!
\$3,000
IN GIVEAWAYS
INSIDE

+
Savvy Stroller Roundup

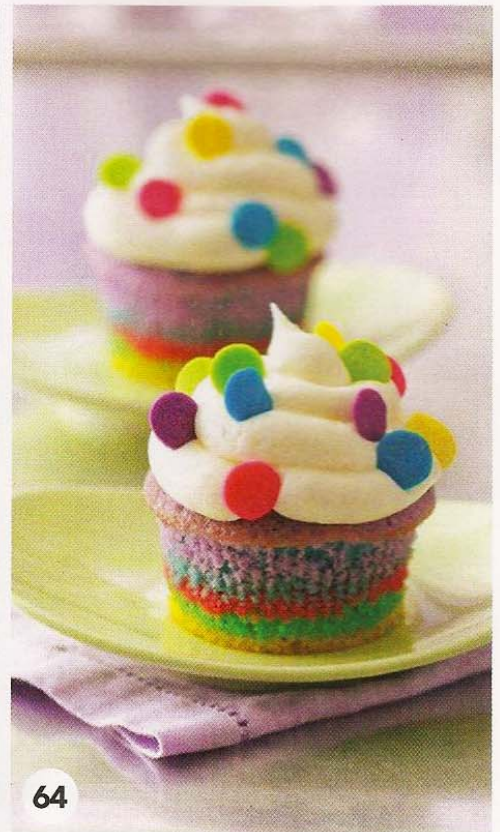
★
MODERN PARENT HANDBOOK: ETIQUETTE

SNEEZING KNOW-HOW ✓
THANK-YOU NOTES ✓
SAY PLEASE, PLEASE! ✓





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Food

- 63 **LET'S EAT** "Kitchen cures" for what ails you...Cupcakes! 'Nuf said...Ten "homemade" meals you can have on the table fast.
- 84 **EAT, PLAY, LOVE!** Get your kids in the kitchen and they'll learn so much more than recipes. Like math, science, healthy habits, and what a blast cooking can be. BY MARGE PERRY

Relationships

- 97 **LOVE YOUR LIFE** Make your mom bod even better!... The tale of a "married single mom" ...Marriage & money

Celebrity

- 20 You know **DAVIS GUGGENHEIM** as the director of *Waiting for "Superman."* His kids know him as a great finder of lost blankies.
- 90 Photographer (and dad) **NIGEL BARKER**, of *Next Top Model* fame, talks *real* beauty.

Fashion + Beauty

- 78 **FUNDAY BEST** Who says dressing up has to be a downer? These perfectly preppy spring fashions will have your kids jumping with joy. BY SABRINA JAMES
- 89 **STYLEBOOK** If you want to update your look, kick these standard style rules to the curb...A few simple steps to your easiest morning beauty routine ever!
- 94 **NESTING** Bird-themed decor that'll send your spirits soaring—at down-to-earth prices.

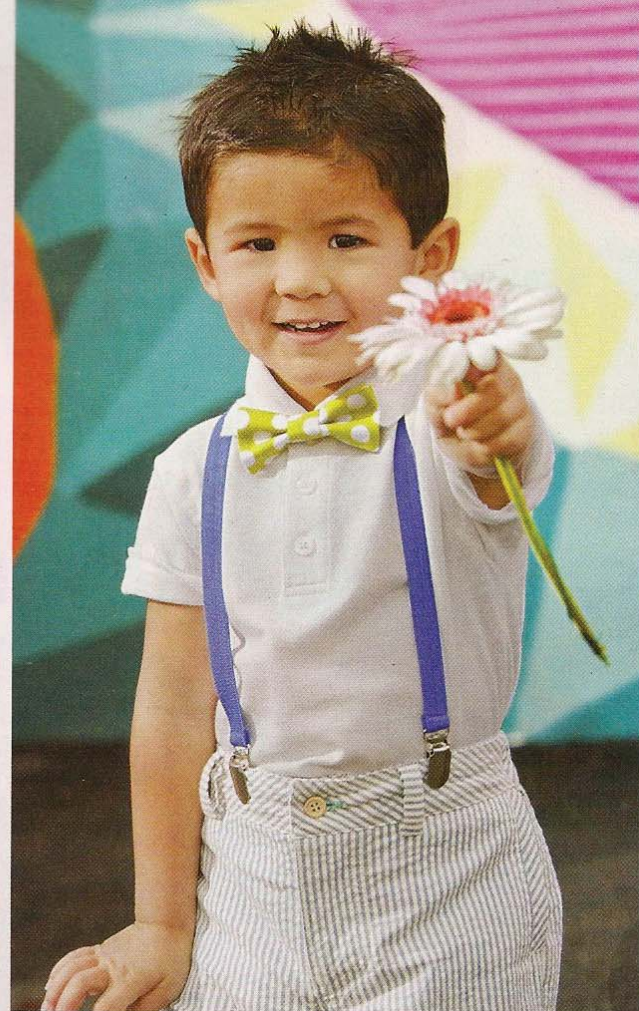
Everything Else

- 8 **FREE STUFF!**
- 12 **'CAUSE I SAID SO**
- 14 **BACK TALK**
- 17 **RIGHT NOW** A must-have app for parents on the go, and more
- 107 **GIVEAWAY RULES**
- 108 **TOP TEN** Mom crimes (busted!)



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✓ **FRED** Dmo Baby Dean blazer (\$60; [bibs andcribs.com](http://bibsandcribs.com)). Kids' tee (\$12; [american apparel.com](http://americanapparel.com)). Flower clip-on (\$5; [julzarana1 .etsy.com](http://julzarana1.etsy.com)). White shorts (\$25; [gymboree .com](http://gymboree.com)). Sperry Top-Sider Bahama shoes (\$30; striderite.com).



▲ **MATTHEW**
Arizona polo shirt (\$24; [jcpenny .com](http://jcpenny.com)). Suspenders (\$13; [american apparel.com](http://americanapparel.com)). Chicago bow tie (\$22; [urbansunday .com](http://urbansunday.com)). Seersucker long shorts (\$42; egg-baby.com). ✪